

## California Central Coast AHEC

Health Projects Center (HPC), established in 1980 as a 503(c) non-profit organization, offers health-related and social programs to health professionals, older adults and family caregivers.



Health Projects Center exists to address the health and human needs of individuals, families and communities of California's Central Coast by developing and implementing high quality programs and strategies.

During the year, the AHEC supports community-based training for UCSF Family Medicine Residents from Natividad Medical Center, nursing student from Cabrillo College, and social work students from CSUMB.

Health Projects Center serves the Monterey Bay region of California and hosts the Central Coast Area Health Education Center (AHEC), the Del Mar Caregiver Resource Center and the Multiperpose Senior Services Program.

These AHEC trainings are increasing skills of the area's health workforce to care for older adults in community settings.

The Central Coast AHEC works to increase the number of health professionals trained to care for the state's rapidly growing geriatric population.

The counties of Santa Cruz and Monterey have funded HPC to implement training for In-Home Supportive Services Workers, providing 16 AHEC trainings annually (8 of which are in Spanish.)



## 2020 - 2021 Outcomes to Date



**54 hours** of training for Home Care Workers was delivered, in English and Spanish, to 479 attendees.

Community-based education/internship have been provided to 30 Family Medicine Residents along with 30 nurses and 9 social workers.



**305 hours** of professional geriatric training, 30 attendees.





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