



CALIFORNIA SAN DIEGO BORDER AHEC

ABOUT

The San Diego Border Area Health Education Center (SD Border AHEC) is housed at Scripps Mercy Hospital Chula Vista and reaches beyond the boundaries of the California/Baja California border region to support community health and health professions training through community-based health prevention programs and pipeline programs. One of the primary aims of the AHEC is to build and support a diverse health care workforce through education, leadership and community collaborations in order to improve access and quality of care for underserved populations in border counties.

Together with the Scripps Family Medicine Residency Program, the SD Border AHEC works with local Community Health Centers, clinics and other sites that care for the underserved. More than 75 percent of graduates go on to work in underserved areas. The SD Border AHEC also hosts behavioral, public health and medical student internships and community health experiences. These community health programs are focused around seniors, youth, maternal and child health and patients with chronic conditions.

The SD Border AHEC has a long history of successful programs to expose youth to health career opportunities. The pipeline program aims to expand and build current school-based wellness and mentoring and clinical services that enhance, standardize and evaluate the mentoring of underrepresented high school students.



Mentoring Program Orientation (top); Health Professions Overview Shadow Day (middle); and Mentoring Program "Lessons Learned" Presentation (bottom).

2017-18 OUTCOMES TO DATE

Offered educational activities and events to **2,857 community members**

Placed one to four MSW and MPH students at our Center and at local school-based clinics; **24 Family Medicine Residents** have rotated through school-based clinics

3,000 youth participated in career and health education activities; **102 mentors** trained and linked with 96 high schoolers for Mentoring Program

Provided health professional trainings and rotations to approximately **700 participants**

CONTACT

For more information, please visit:
<http://cal-ahec.org>
<http://scripps.org>

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