



CALIFORNIA LOS ANGELES HARBOR AHEC

ABOUT

The community-based Harbor-UCLA Family Medicine (FM) residency is located in the industrial harbor region of Los Angeles and serves as the Los Angeles Harbor Area Health Education Center (AHEC). Residents have a three-year curriculum designed to facilitate the development of knowledge, attitude, skills and behavior that assist them to become more effective family physicians by being sensitive to the needs of patients in the context of the community. Using a Community Oriented Primary Care Model, residents conduct and learn about community health analysis, cultural sensitivity, epidemiology, community activism, advocacy and intervention. In addition to inpatient rotations, residents experience patient care in FQHCs, school-based clinics, free clinics, needle exchange programs and soup kitchens. At least 50 percent of graduates go on to work or continue their education in underserved practice settings.

The AHEC offers a Summer Urban Health Fellowship. Medical students from across the country come to Harbor-UCLA Department of Family Medicine to work alongside family medicine residents, undergraduate and high school students in a community-based project for six weeks during the summer. Working in teams, fellows learn about health care disparities and issues facing underserved and marginalized communities, fundamentals of community-based research, health policy and advocacy, how to provide health education talks to the community and how to plan and implement two community health fairs. Many medical students enter the FM residency after participation in the AHEC-sponsored fellowship. The residency also has a Patient-Centered Medical Home (PCMH) fellowship to train residents for practice in community health centers. The AHEC also provides medical students, who are interested in family medicine, elective rotations in community health.

The AHEC has close relationships with several high schools in the LA Basin with high dropout rates. Health career programs and school-based clinics provide shadowing experiences with FM residents and medical students, health promotion knowledge on topics such as obesity, personal violence and sexual reproduction, and mentoring to high school students. The AHEC center director is a mentor and judge for the Health Occupations Students of America (HOSA) program in several of the high schools.



Harbor-UCLA
MEDICAL CENTER



Residents volunteer at a health fair (top). Community members receive information and resources at an AHEC health presentation (bottom).

2017-18 OUTCOMES TO DATE

10 residents participated and trained under the Youth Options for Life Opportunities (YOLO) program at Remen Institute for the Study of Health and Illness

6 residents rotated and trained in Prison Medicine at Lynwood Women's Correctional Facility

15 residents rotated at Gardena High School Clinic in Community Medicine Experience

12 residents in the "Tending the Flame: A Course in Resiliency and Work Satisfaction for Residents" that enables the formation of a community of inquiry between residents and faculty

CONTACT

For more information, please visit:
<http://cal-ahec.org>
<http://harborfm.com>

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